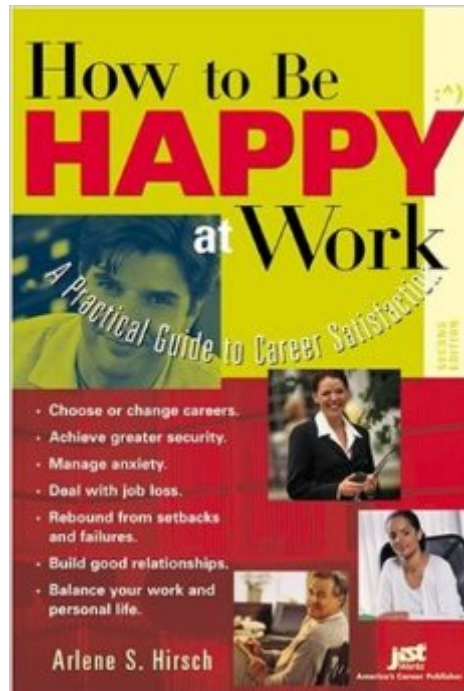


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# How To Be Happy At Work: A Practical Guide To Career Satisfaction



## Synopsis

Whether you are choosing your first career, rethinking the choices you made years before, or deciding how to spend pre- and post-retirement years, the right choices can make all the difference. Includes helpful real-life stories.

## Book Information

Paperback: 294 pages

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,028,634 in Books (See Top 100 in Books) #89 in [Books > Business & Money > Business Culture > Health & Stress](#) #4399 in [Books > Business & Money > Job Hunting & Careers > Job Hunting](#) #7547 in [Books > Business & Money > Business Culture > Motivation & Self-Improvement](#)

## Customer Reviews

Yes, it is a fantastic guide to explore the business world - whatever your age, whatever your job is! As an IT professional who have been involved in corporate world for more than 8 years and a survivor of one merge, one company shut down and one acquisition: while reading this book I either confirmed my hard way gained experience or discovered new concepts which made me stronger player. As a result, That made me think the writer knows the game very well...Almost everyone of us, know or at least feel that the rules of the business has been changing at light speed. And we have one common mission: survive, or better improve and catch better opportunities. If you want to know how this would be possible: read this book and get the mentality to be a winner. I wish Arlene had lived nearby, so that she could be my consultant whom I could ask my career related questions. It doesnt seem possible but her book would be my reference all over my professional life. I also like to note that the content of the book does not only be limited with business life but also in life general. (Well, to my concern these two are not seperate). Believe me it is worth to try...

I found this book from the library. Everyone has the power to control their own destiny in their jobs,

careers and life. The author explains this so well. RECOMMENDED.

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